Course Title: Introductory Psychology: Dynamics
Pre-requisites: None
Co-requisites: None
Credits: 0.5
Course Website (If applicable): http://www.onlineguelphhumber.ca/

Calendar Description:

Students are introduced to the discipline of psychology’s basic concepts, theories, research methods, and practices in four sub-areas – Developmental, Personality, Abnormal, and Social Psychology. Psychology developed as a social and behavioural science, as well as a profession. Its research findings are applicable in such contexts as education, early childhood settings, social work, the justice system, and the work place.
Course Learning Outcomes

On the completion of this course the student will be able to:

1. **State** the differences (and enunciate the relative strengths and weaknesses) among the various methods used in Psychology, such as experimental, quasi-experimental, correlation, case study, and descriptive for both individuals and group aggregates.

2. **Communicate** in a written essay, in an analytical and critical manner, their reasoned assessment of several papers from the professional literature.

3. **Argue** that Psychology involves the scientific study of behaviour and mental processes, filtered through the richness of individual differences and diverse group and cultural processes, and informed by lessons learned in psychological practice.

4. **Describe** patterns and commonalities of idiographic and nomothetic. Individual and group behaviour, juxtaposed along the time-line of lifelong growth and development.

5. **Discuss** from a psychological perspective how humans (and, when appropriate, animals) know their world, act in their world, and pass from knowledge to action.

6. **Recognize and comparatively evaluate** the current competing perspectives representing physiological, experiential, psychodynamic, cognitive, personality, social, maturational, evolutionary or bio-social, and developmental psychology.

7. **List** the stages of development that children and adults are thought to pass through in their lives.

8. **Relate** the textbooks theories and concepts to observed everyday behaviours, as shown in documentary films or “Hollywood” portrayals.

9. **Explain** why people may behave differently in a group or in the presence of others than when alone.

10. **Statistically describe** how individuals and groups may differ on a test of intelligence, a midterm exam, a test of motivation, and when to think that such a difference is significant.

11. **Demonstrate** the importance of a social milieu for child-rearing, and the negative effects that social isolation may have on language and moral development, and social skills.

12. **Interpret** claims made by psychologists in their research studies about differences between experimental versus control groups.

13. **Recognize** instances of psychological phenomena or laws in the world and media around them.
14. **Distinguish** between ideas drawn from popular or everyday psychology and those from more systematic, scientific psychology.

15. **Discriminate**, in a sensitive manner, expressions of psychological diversity (e.g., gender, cultural and age cohort differences)

**Learning Resources**

**Required Textbook(s):**
- **Title:** Psychology and Life
- **Author:** Richard Gerrig, Philip Zimbardo, Serge Desmarais, & Tammy Ivanco
- **Edition:** 2nd Canadian edition
- **ISBN:** 978-0-205-76705-2

**Supplementary Text/ Other:**
PowerPoint Lecture slides can be found on the course website.

**Course Schedule  FALL 2011**

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Evaluation

Students will be evaluated in this course through:

- 2 in class Midterm Tests
  - 1st (10/17) [Intro, Research, Developmental] 20%
  - 2nd (10/21) [Intel, Person, Disorders, Therapy] 30%
  - Final Exam (TBA) 50%

Total 100%

- Late assignments will be penalized at a rate of 5% per day and will not be accepted after 1 week past the deadline.
- An assignment due date can only be extended and a missed mid-term can only be made-up at the discretion of the instructor with submission of compelling and documented evidence of a family, medical, or analogous emergency or crisis.
- The University of Guelph-Humber Academic Regulations shall apply to missed final exams.

Drop Box Policy

- All assignments submitted after the due date must be electronically date stamped and placed in the secure assignment drop box in the learning commons. They will be collected by staff and distributed to faculty.

- Students may e-mail an assignment to the professor to establish the date and time of submission. **If you are dropping a hardcopy make sure the assignment is electronically date stamped and placed in the secure assignment drop box in the learning commons.**
Academic Policies

Important University of Guelph-Humber Academic Regulations

Academic Integrity / Academic Honesty

Academic misconduct is behaviour that erodes the basis of mutual trust on which scholarly exchanges commonly rest, undermines the University's exercise of its responsibility to evaluate students' academic achievements, or restricts the University's ability to accomplish its learning objectives.

The University takes a serious view of academic misconduct and will severely penalize students, faculty and staff who are found guilty of offences associated with misappropriation of others' work, misrepresentation of personal performance and fraud, improper access to scholarly resources, and obstructing others in pursuit of their academic endeavours. In addition to this policy, the University has adopted a number of policies that govern such offences, including the policies on Misconduct in Research and Scholarship and the Student Rights and Responsibilities regulations. These policies will be strictly enforced.

It is the responsibility of the University, its faculty, students and staff to be aware of what constitutes academic misconduct and to do as much as possible through establishment and use of policies and preventive procedures to limit the likelihood of offences occurring. Furthermore, individual members of the University community have the specific responsibility of initiating appropriate action in all instances where academic misconduct is believed to have taken place. This responsibility includes reporting such offences when they occur and making one's disapproval of such behaviour obvious.

University of Guelph-Humber students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students should also be aware that if they find their academic performance affected by medical, psychological or compassionate circumstances, they should inform the appropriate individuals, (instructors, Program Advisor) and follow the available procedures for academic consideration outlined in the University's calendar.

Students are encouraged to review the policy in the 2008-2009 Academic Calendar at: http://www.uoguelph.ca/registrar/calendars/guelphhumber/current/c07/c07-amisconduct.shtml

Grading Procedures

Feedback to students on work completed or in progress is an integral part of teaching and learning in that it allows students to measure their understanding of material and their progress toward achieving learning objectives. Feedback often goes beyond grading and should be an indication of the standard a student has achieved and should to include comments on the particular strengths and weaknesses of a student’s performance. While the nature and frequency of such feedback will vary with the course, the University of Guelph-Humber is committed to providing students with appropriate and timely feedback on their work. Faculty members are urged to provide meaningful feedback (approximately 20% of the total course evaluation is the standard), prior to the $40^{th}$ class day. This is the last day that students are permitted to drop classes.
without incurring any academic penalties.

**Missed Final Exams / Deferred Privileges**

When students do not write a required final examination, complete a final assignment, or complete a work term report prior to the last class date, they must request Academic Consideration to be considered for a deferred privilege. When granted, a deferred privilege allows a student the opportunity to complete the final course requirements after the end of the semester, but during established timelines.

Please note that faculty members do not grant deferred privileges. Faculty can only grant academic consideration for work that is due during the semester and cannot grant extensions beyond their deadline for submission of final grades.

The nature of the deferred privilege may take the form of either a deferred condition or a deferred examination. The Admissions and Academic Review Sub-Committee grants deferred privileges on the basis of *medical, psychological* or *compassionate* consideration. Please see your Admission and Program advisor for details.

**Accommodation Procedures**

Students will identify themselves to Services for Students with Disabilities and, where required, provide appropriate *documentation* of their need. Where appropriate, students will inform individual instructors of their disabilities and academic accommodations required, by distributing the "**SSD Memo to Faculty**".

When students require test accommodations, they will:

- Remind instructors at least **one week in advance** of each test or as soon as possible, that they require test accommodations
- Book the test date and time in the SSD office or make the appropriate arrangements to write in the Test Centre at least one week in advance of each test, or as soon as possible.

Students with special needs are accommodated through Humber ITAL Services for Students with Disabilities. Students should make themselves familiar with the policies relating to special accommodations by visiting the website at: [http://studentservices.humberc.on.ca/ssd/pnp/fac_resp.htm](http://studentservices.humberc.on.ca/ssd/pnp/fac_resp.htm).

It is the student’s responsibility to be familiar with the University’s policies and Academic Regulations. These policies can be found at: [http://www.guelphhumber.ca/cstudents/policies/index.shtml](http://www.guelphhumber.ca/cstudents/policies/index.shtml)
Positive psychology coaching, like life coaching, uses the science of well-being and research-based interventions to increase life satisfaction... If you’ve ever asked yourself how positive psychology and life coaching differ, you’re definitely not alone. Brief definitions don’t distinguish between these two very different approaches towards well-being. What is even more surprising than their marked differences is how powerful positive psychology and life coaching are when used together. Psychology and Life, 20th edition provides the perfect balance of science and accessibility so that students can understand research and its application to daily life. Richard Gerrig combines classic and cutting-edge research studies with an engaging and student-friendly writing style. When paired with the new Pearson Experiments Tool and MyPsychLab, this new edition truly brings psychological research to life. A better teaching and learning experience.