Open Net

By George Plimpton & Denis Leary
Genre : Hockey

Release Date : 2016-04-26

Open Net by George Plimpton & Denis Leary is Hockey George Plimpton takes to the ice with the Boston Bruins in this memorable portrait of the rough-and-tumble world of professional hockey, repackaged and now featuring a foreword from Denis Leary and never-before-seen content from the Plimpton Archives. In OPEN NET, George Plimpton takes to the ice as goalie for his beloved Boston Bruins. After signing a release holding the Bruins blameless if he should meet with injury or death, he survives a harrowing, seemingly eternal five minutes in an exhibition game against the always-tough Philadelphia Flyers. With reflections on such hockey greats as Wayne Gretzky, Bobby Orr, and Eddie Shore, OPEN NET is at once a celebration of the thrills and grace of the greatest sport on ice and a probing meditation into the hopes and fears of every man.

More Recommended Books

Over the Line

By : Al Strachan
Bestselling author and Toronto Sun sportswriter Al Strachan shares more insider stories from his more-than-forty-year career covering pro hockey. Bestselling author and Toronto Sun sportswriter Al Strachan is a permanent fixture in the illustrious world of professional ice hockey. His opinion, backed by an extensive knowledge of the game and his sharp sense of humour, is read and enjoyed by millions of fans internationally. He has established unique and personal relationships with the biggest names in hockey from every generation and era and it is through these contacts that Strachan can step Over the Line to obtain exclusive access to information. Strachan has been writing about hockey for over forty years. He has experienced first-hand all that the game has to offer. From Stanley Cup victories, miraculous saves, and incredible goals to devastating hits and world class bouts, Strachan has been there to report on the most exciting, controversial, devastating, frustrating, humorous and talked-about episodes in the history of the game, whether it's Stanley Cup victories, miraculous saves, and incredible goals or devastating hits and world class bouts. In his latest adventure, he relives tales from the rink that will fascinate, amuse, shock, and entertain all fans of the game -- from dressing-room banter between player and coach to insider information on the League's revenue sharing program. It's all here, glorious page after glorious page of stuff that any fan of hockey must read. From the Trade Paperback edition.
Hard Core Hockey: Essential Skills, Strategies, and Systems from the Sport's Top Coaches

By: Rand Pecknold & Aaron Foeste

“Coach Pecknold has created ano-gimmicks system for teachingskills and strategy that gets playersto the next level.” --George Gwozdecky, head coach of the University of Denver men's ice hockey team, and 2005 National Coach of the Year

Hard Core Hockey is an all-in-one guide to playing high-caliber hockey from a veritable who’s who of the world’s top coaches. Including advanced skating and stick-handling techniques, collegiate-level systems, and effective drills, it features contributions from Ted Donato, head coach of Harvard University; Frank Serratore, head coach at the United States Air Force Academy; and more.

The Game of Our Lives

By: Peter Gzowski

In this bestselling timeless classic, Peter Gzowski recounts the 1980-81 season he spent travelling around the NHL circuit with the Edmonton Oilers. These were the days when the young Oilers, led by a teenaged Wayne Gretzky, were poised on the edge of greatness, and about to blaze their way into the record books and the consciousness of a nation. While the story of the early Oilers embodies the book, The Game of Our Lives is much more than a retelling of one season in the life of an NHL team. Unlike any book ever written in the annals of hockey, Gzowski beautifully weaves together the anatomy of a modern NHL team with the magnificent history of the game to create one of the best books about hockey in Canada. Here are the great teams and the great players through the ages—Morenz, Richard, Howe, Orr, Hull—the men whose rare and indefinable genius on the ice exemplified the speed, grit and innovation of the game.

Stanley's Sequel

By: Pittsburgh Post-Gazette

Back-to-back Stanley Cup champions. No NHL team this century could stake that claim. Until the Pittsburgh Penguins topped the Nashville Predators in the 2017 Final to bring Lord Stanley home for the second consecutive season. In their 50th NHL season, the Penguins overcame adversity en route to the franchise’s fifth Stanley Cup. Key players, including Kris Letang and goalie Matt Murray, missed time due to injuries and the team played a compressed schedule. But led by Sidney Crosby and Evgeni Malkin, Pittsburgh finished with 111 points, the second-most in the NHL. In the eastern conference playoffs, the Penguins prevailed over the Columbus Blue Jackets and Presidents’ Trophy-winning Washington Capitals before topping Ottawa in a thrilling seven-game series reach the Stanley Cup Final. Filled with stunning full-color photography and expert reporting from the Pittsburgh Post-Gazette, Stanley’s Sequel captures the Penguins’ exciting journey, from the preseason to their Stadium Series in over the Flyers at Heinz Field to Chris Kunitz’s goal in the second overtime of Game 7 against Ottawa and the final seconds against the Predators. This commemorative edition also includes in-depth profiles of Crosby, Malkin, head coach Mike Sullivan, veteran goalie Mark-Andre Fleury and other Penguins stars.

SUPER HOCKEY POWERS

By: Don Kunkel

An instructional hockey comic book created for the beginner hockey player looking to enhance their knowledge. Packed with professional tips from those who play(ed) and coach(ed) the game like Mitch Lamoureux, Dave Leggio, Mike Hoffman, Chris Kotsopoulos, and more...
The Ultimate Guide to Weight Training for Hockey

By: Robert G. Price
The Ultimate Guide to Weight Training for Hockey is the most comprehensive and up-to-date hockey-specific training guide in the world today. It contains descriptions and photographs of nearly 100 of the most effective weight training, flexibility, and abdominal exercises used by athletes worldwide. This book features year-round hockey-specific weight-training programs guaranteed to improve your performance and get you results. No other hockey book to date has been so well designed, so easy to use, and so committed to weight training. This book will have players increasing speed, strength, power, agility, and stamina while reducing chances of injury. This book guarantees more velocity and accuracy on slap shots, more power on checks, and more endurance making it possible to give it your all until the final whistle. Both beginners and advanced athletes and weight trainers can follow this book and utilize its programs. From recreational to professional, thousands of athletes all over the world are already benefiting from this book and its techniques, and now you can too! About the Author Rob Price is a first class certified personal trainer and a former fitness consultant at the University of Wisconsin. He is a national weight lifting champion and state bench press record holder who has been featured in newspapers and magazines all over the world, including the USA Today, for his sports-training expertise. Rob is a contributing author to Golf Fitness Magazine, Swimmer's World Magazine, US Bowler Magazine, and OnFitness magazine and is the founder and head trainer of SportsWorkout.com's e-Training service. In addition to being an internationally recognized fitness expert, Rob also holds a Juris Doctorate from The Ohio State University where he was honored as one of ten Moritz Scholars.

Les Stastny

By: Robert Laflamme
Gilles Léger et les trois frères Stastny lèvent enfin le voile et mettent le point final à ce qui fut, bien plus qu’une épopée sportive, un véritable roman d’aventures où espionnage, suspense et drame forment un passionnant cocktail. Découvrez les destins croisés d’un visionnaire et d’un trio d’athlètes slovaques d’exception en revivant l’une des époques les plus fascinantes du hockey, à l’aube de la rivalité Canadiens – Nordiques et au crépuscule du régime communiste. Bien connu dans les hautes sphères du hockey professionnel, le nom de Gilles Léger ne l’a jamais été beaucoup du grand public. Cette discrétion délibérée a bien servi ce fin stratège qui a très tôt compris l’immense parti que pouvait tirer notre sport national de l’arrivée des plus talentueux joueurs européens sur les patinoires nord-américaines. L’histoire de Gilles Léger se confond avec celle de son plus bel accomplissement, la fuite des frères Stastny de la Tchécoslovaquie, un événement qui allait changer la destinée des Nordiques de Québec et le visage de la LNH elle-même. Trois décennies plus tard, rien – ou si peu – n’a jamais transpiré des dessous de cette opération. De quelle manière Gilles Léger et les Nordiques s’y sont-ils pris pour faire passer Peter et Anton de l’Est à l’Ouest ? Comment, dix mois après eux, Marian a-t-il fait pour les rejoindre à Québec malgré une foule d’embûches ? Et comment expliquer l’aura de mystère qui a toujours entouré les circonstances de ces exploits ?

Ice Storm

By: Bruce Dowbiggin
In 2008, the Vancouver Canucks were Team Modern, revolutionizing the NHL under their new GM, former player agent Mike Gillis. Cool, calculating, and unsparing with the media, the onetime number one draft pick of the old Colorado Rockies swept away the tangled psychological past of the Canucks with bold innovation, remodeling Vancouver as a destination city for NHL star players. To do so, he built the Canucks from a non-playoff team in 2008 to the best in hockey from 2010-2012. He modernized the players' diets and psychological approach, he rebuilt the dressing room, and he
sought sleep consultants to help with the Canucks' punishing travel schedule. More than that, his winning team lifted Vancouver from eighth overall in NHL revenues to second by 2013. When the team took to the ice for Game 7 of the 2011 Cup Final, it seemed there was nothing the Canucks couldn't overcome with their "Canucktivity" approach. The hockey world was at their feet. But things changed in Game 7. Physically exhausted and bullied by the Bruins, the Canucks succumbed 4-0. To cap the greatest season in team history, Vancouver rioted. Gillis tried a number of aggressive moves to get back to the Final, from switching Luongo for Schneider to trading players, but nothing worked. From there, the dominoes fell: Alain Vigneault was dismissed, John Tortorella hired; Tortorella raged, fans bayed for Gillis' head; and finally, Gillis and Tortorella were both fired. In spring 2014, tried-and-true Canuck hero Trevor Linden was installed as president, with former teammate Jim Benning by his side as GM. No one was quite sure if this was an improvement, but at least the hysterical screaming had stopped. How did it happen? Ice Storm follows the journey that led the Canucks from the top of the mountain to the bottom of the abyss in six short years.

**The Game: 30th Anniversary Edition**

By: **Ken Dryden**

Widely acknowledged as the best hockey book ever written and lauded by Sports Illustrated as one of the Top 10 Sports Books of All Time, The Game is a reflective and thought-provoking look at a life in hockey. Ken Dryden, the former Montreal Canadiens goalie and former president of the Toronto Maple Leafs, captures the essence of the sport and what it means to all hockey fans. He gives vivid and affectionate portraits of the characters—Guy Lafleur, Larry Robinson, Guy Lapointe, Serge Savard, and coach Scotty Bowman among them—who made the Canadiens of the 1970s one of the greatest hockey teams in history. But beyond that, Dryden reflects on life on the road, in the spotlight, and on the ice, offering a rare inside look at the game of hockey and an incredible personal memoir. This commemorative edition marks the 30th anniversary of the book’s original publication, and it includes a new foreword by Bill Simmons, new photography, and a new chapter, “The Game Goes On.” Take a journey to the heart and soul of the game with this timeless hockey classic.

**As the Puck Turns**

By: **Brian Conacher**

The Conacher name is well known across the country as the first family of hockey. Son of hockey legend Lionel Conacher—Canada's Athlete of the First Half-Century (1900-1950)—as well as the sixth family member to have played in the NHL, Brian Conacher continues the family tradition and brings more than 55 years of experience to life in As the Puck Turns. In his years of hockey, Brian has seen the realities of the world of hockey at every level and from many angles. In As the Puck Turns he offers up memories about stars like Maurice “Rocket” Richard and Gordie Howe, playing at Maple Leaf Gardens and managing the building years later. Brian shares his insights on the influence of the NHL on the sport, and what it is like to have been on the last Leafs team to win the Stanley Cup. As the Puck Turns is a fascinating personal journey through the hockey arena and what an iconic figure of the sport sees for the future of his beloved game.
After a decade of collaboration in the study and documentation of Internet filtering and control mechanisms around the world, the OpenNet Initiative partners will no longer carry out research under the ONI banner. The website, including all reports and data, will be maintained indefinitely to allow continued public access to our entire archive of published work and data. The OpenNet Initiative (ONI) is proud to release new reports on Internet regulation and filtering in five Latin American countries.