Blessed and Given: Scott Hahn Reflects on the Solemnity of the Most Holy Body & Blood of Christ. At the dawn of salvation history, God revealed our future in figures. Theology of the Body is the topic of a series of 129 lectures given by Pope John Paul II during his Wednesday audiences in St. Peter's Square and the Paul VI Audience Hall between September 5, 1979 and November 28, 1984. It constitutes an analysis on human sexuality. The complete addresses were later compiled and expanded upon in many of John Paul's encyclicals, letters, and exhortations. Theology is defined as the discourse about God rooted in Scripture and the Catholic tradition. Theology programs introduce critical thinking that explores issues and challenges our society must confront, while at the same time preserving and respecting the Catholic intellectual tradition. How can we talk about issues like human rights, democracy, political and religious freedom, secularism and pluralism? How can I serve others in the name of my faith while being open to religious plurality? All these questions, and many others, are related to theology. Studying theology is about 1 Exploring the cornerstones of the Christian faith. 2 Examining with a critical eye the major social issues affecting the Church today. 3 Acquiring the tools you need to serve your community.