Take This Book To The Obstetrician With You: A Consumer's Guide To Pregnancy And Childbirth

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Pregnancy can also worsen breathing in muscular dystrophy patients who have poor lung function. The muscles in the abdomen support breathing and weakening of those muscles already causes reduced breathing capacity, which can be compounded by the enlarging abdomen. In patients with heart involvement, pregnancy can cause further complications. Excess fluid due to pregnancy and the extra weight can force the heart to work harder, putting extra strain on it. Scoliosis and contractures can make pregnancy difficult, and add strain on the heart and lungs to sustain both mother and child as the pregna...