Sports Orthopaedics 2 Oct 2017. To support CFPSMs continued partnership with Duke Sports Medicine, we are pleased to share a new research study aimed at assessing
Sports medicine or sport medicine is an interdisciplinary subspecialty of medicine which deals with the treatment and preventive care of athletes, both amateur and professional. The sports medicine "team:" includes specialty physicians and surgeons, athletic trainers, physical therapists, coaches, other personnel, and, of course, the athlete. Sports medicine has always been difficult to define because it is not a single specialty, but an area that involves health care professionals, researchers and educators from a wide variety of disciplines.

Sports Specialization May Lead to More Lower Extremity Injuries. July 23, 2017 “Better education to coaches and parents about the effects of single sport specialization is critical, say read more. At the UW Medicine Sports Medicine Center, we offer a golf performance program for golfers of all ages and abilities. Our Titleist Performance Institute-certified physical therapists are trained to adeptly gauge any physical golf game deficits and provide concrete solutions to enhance your performance. Find a location.

Regenerative medicine procedures. Regenerative medicine is an innovative field that uses the healing power of your body to fuel your recovery. The treadmill’s unweighting technology can be used to help speed healing of lower extremity and foot injuries, and also may have a role in injury prevention while training. This technology is available only at our Sports Medicine Center at Husky Stadium location. Find a location.