In the Economist review of our book, The Innovator’s DNA, the reviewer wondered whether genius-level innovators such as Marc Benioff, Jeff Bezos, and Steve Jobs challenge the idea that working adults can really learn how to think differently and become innovators.

We don’t think so. Remember, it was Steve Jobs who jump-started the now-famous “Think Different” advertising campaign as a way to inspire consumers and recharge Apple’s innovation efforts. It worked. Reflecting back on the campaign, Jobs said “The whole purpose of the ‘Think Different’ campaign was that people had forgotten what Apple stood for, including the employees.” And the best way to tell people what Apple stood for was to tell them who the company’s heroes were. The campaign reminded everyone – consumers and employees alike – that the “crazy ones...see things differently.”

Reams of relevant research (including our own) proves Jobs right. Innovators excel at connecting the unconnected. They engage in associational thinking. At Apple (or at any innovative company), they take a little bit of this, sprinkle in a little bit of that and that and...
that to churn out market-busting ideas such as iTunes, and the iPod, iPhone, and iPad (along with a few market disasters like the G4 Cube computer).

But neither Steve Jobs nor Apple nor any other high-profile innovator or company has a corner on the think-different market. In fact, our study of over 5,000 entrepreneurs and executives shows the opposite: almost anyone who consistently makes the effort to think different can think different.

Take Gavin Symanowitz, whom we recently met in South Africa. His original business, GetAGreatBoss.com, lets great managers showcase their skills to attract talent and boost their own careers by conducting a 360 review of the manager by his or her staff, and if the results are favorable, he links the results to job ads that the boss is trying to fill, making these job ads far more appealing. By connecting the unconnected — 360 leadership assessments and help wanted ads — Symanowitz forged an online business that sprouted in Africa and now grows globally.

Innovators (of new businesses, products, and processes) spend almost 50% more time trying to think different compared to non-innovators. In other words, non-innovators do occasionally think different (answering “at least a little bit” to questions like “I creatively solve challenging problems by drawing on diverse ideas or knowledge” to hit the 48th percentile in our global database). Yet compared to innovators, they just don’t do it as often. Generating new business ideas that make a positive financial impact takes time. Innovators who spend more time thinking different (scoring in the 70-80th percentile) consistently engage in associational thinking by “agreeing” or “strongly agreeing” with questions like the one above and they deliver innovative results more frequently than those who don’t. It’s that simple.
If thinking different can make such a positive difference, why don’t more people spend more time doing it? Researchers at Harvard Medical School opened our eyes to one compelling answer. Sixty to eighty percent of adults find the task of thinking different uncomfortable and some even find it exhausting. When adults must connect the unconnected through associational thinking, it wears them out. Why? Because most adults have lost the skills they once had (just watch almost every four-year old who relishes the chance to think different. And all of us were once four-year olds). We don’t lose this skill because genetic coding automatically shuts it down on our twenty-first birthday. Instead, most of us grew up in a world where thinking different was punished instead of praised (at home or school). So while roughly one-third of anyone’s innovation capacity comes from their genetic endowment, two-thirds of it is still driven by the environment. **So here are a few simple suggestions to ratchet up your associating skills, the essence of thinking different.**

**Just do It.** Nike’s slogan is not a bad starting place when it comes to creative thinking. Do it by frequently forcing associations or connections across different ideas when they don’t naturally emerge. John Hunt, Global Creative Director at TBWA Worldwide, told us how his company uses role-playing to help their clients think different. Clients assume the persona of an innovator from another company such as Apple or Virgin, a form of role-playing that encourages clients to look at a challenge from a different point-of-view.

**Shake it up.** When associations don’t come naturally, try forcing them to surface unnaturally – by shaking things up randomly. For example, try the Idea Generator app, which randomly combines three words together when you shake your smart phone. Shake it again and three more random words show up. You can get even more creative combinations by adding your own words to the mix (including foreign ones) and seeing what you get. For example, we just shook up the app while writing this blog and got three words — perforated, bite-sized, and humane — which might help generate a new idea. Perhaps putting bite-sized
perforations into a new product could make a difference. That’s exactly what David Mullany did in 1953 by transforming a solid plastic ball into the Wiffle ball, a completely new product with bite-sized perforations in it.

**Repeat. Repeat. Repeat.** Researchers at Harvard Medical School found that if adults practice associational thinking long enough, the task no longer exhausts but energizes them. Like most skill-based activities, if we slog away at it and practice over and over again, the task becomes not life taking but life giving. And that’s when the most creative ideas pop out.

As a leader, how often do you think different? How often do you brainstorm? How often do you hunt for solutions in new environments? Thinking different is easier said than done. We don’t claim that folks can jump from the low end of the bell curve of creativity performance to the high end just with practice. But when it’s done frequently enough by just about anyone, it can transform good ideas (and not so good ones) into great ones that might even disrupt the world. We have found that most people can actually do this reasonably well if they choose to put in the time and effort that’s required to think different. That’s what disruptive innovators do, day after day. Do you? Can you? Will you?

Jeff Dyer is the Horace Beesley Professor of Strategy at BYU’s Marriott School of Management. He is the lead author of the best-selling book, *The Innovator’s DNA*, and co-author of the new book, *The Innovator’s Method*. To learn more about our research on uncertainty and innovation, visit learn.theinnovatorsmethod.com.

Hal Gregersen is executive director of the MIT Leadership Center, a senior lecturer in leadership and innovation at the MIT Sloan School of Management, and the founder of the 4-24 Project. A Thinkers50 globally ranked management thinker, he is the co-author *The Innovator’s DNA: Mastering the Five Skills of Disruptive Innovators*. He also co-creator (with Sam Abell) of *Leadership and the Lens: Learning at the Intersection of Innovation and Image-Making*, a unique executive education experience delivered by MIT Sloan Executive Education in association with Santa Fe Photographic Workshops.

How to Think. Thinking is something that happens naturally in each individual, but there are ways to deepen your thinking abilities. It takes time and practice to become a better thinker, but it's a process you can hone all your life. Being a better thinker and keeping your mind sharp can help your mental and physical... Explore this Article Practicing Different Types of Thinking Acquiring Thinking Fundamentals Building Your Thinking Capacity Article Summary Questions & Answers Related Articles References. This article was co-authored by Tasha Rube, LMSW. Learn to think intuitively. This is basically what it means to operate on gut instinct (you should only operate on gut instinct). Often your brain is processing more than you realize, and that's gut instinct.