The Adventures of An Elephant Hunter

By James Sutherland
Genre : Sports & Outdoors

Release Date : 2013-04-16


More Recommended Books

Sherpas, fils de l'Everest
By : Patricia Jolly & Laurence Shakya

Fly Tyer's Guide to Tying Essential Bass and Panfish Flies
By : Jerry Darkes
Fly Tyer's Guide to Tying Essential Bass and Panfish Flies will, within a brief 128 pages, provide the beginning and intermediate fly tier with everything he or she needs to know in order to successfully tie the most successful, tried and true bass and panfish patterns.
**Whitetails**

**By : Charles J. Alsheimer**

This groundbreaking look at deer behavior is packed with research that will enhance your hunting and wildlife viewing experience. Whitetails: A Photographic Journey through the Seasons chronicles the life of six white-tailed deer, sharing a journey through the seasons from the viewpoint of the deer, vividly illustrating both behavior and the deer's perspective. More than 200 stunning, full-color photos portray the life of the whitetail in intimate detail. Chapters read like "a day in the life of," providing a rare glimpse at the behaviors of deer. Explains reproduction, courtship and mating, including the rut and behaviors leading up to it. Covers bucks, does and fawns for an entire year cycle. Special chapter covers antler growth. Time-lapse images, taken between April and October, depict a buck as it grows a full rack of antlers.

**Guide to Armwrestling**

**By : Michael Green**

Provides you with all the guidance you need to enable you to train yourself to become a world class armwrestler. With fitness tips, dietary advice and detailed illustrations, this book really is a great source of information for enthusiasts of all ages. This is the original and the best fully illustrated book now on armwrestling. Learn the world’s greatest moves: Hook, Top Roll, Drag Down, Shoulder Block, Cobra Strike, Over the Top plus many more. Learn about training and most importantly how to beat your opponent. The Guide to Armwrestling is not a autobiography this book was specifically written to highlight 17 of the world’s best techniques. Easy to use as a quick reference guide.

**Anatomy, Stretching & Training for Marathoners**

**By : Philip Striano & Lisa Purcell**

With training tips, exercises, and injury remedies, this is a book that every runner and coach should have! Running has become more and more popular in recent years, with thousands of people entering marathons, buying new running shoes with the latest technology, and going for a daily jog. But the joy and thrill of running are often marred by injuries that can bother you for a few weeks or for many years. That’s why every runner needs to have Anatomy, Stretching & Training for Marathoners. In this comprehensive workout guide for marathon runners, Striano and Purcell create a detailed exercise program devised to strengthen and stretch the major muscle groups used in running and jogging, including: Warm-up and cool-down stretches, Stretches that target both the primary and secondary muscle groups, Step-by-step photos, How to get started, what to wear, and what running surfaces are best, How to identify, prevent, and treat common running injuries, And much more! Alongside each exercise you will find remarkable, true-to-life anatomical illustrations showing which muscles of the body are targeted. A handy guide lets you know the exercise’s benefits and cautions, along with tips on perfecting your form. Find out how to get started; what to wear and what running surfaces are best; and how to identify, prevent, and treat common running injuries. With a series of sample workouts that show you how to devise a training program to suit your unique goals, Anatomy, Stretching & Training for Marathoners is the ultimate reference for anyone who wants to get the most from their running regimen.

**Luz azul**

**By : Ulyses Villanueva**

Este es un libro sobre el mar. No se lee, se bucea. Trata de buscar la significación humana a través de nuestra presencia marina. La profundidad es una distancia donde se esconde la verdadera intimidad de uno. Cuando entramos en el agua se activan en nuestro cerebro muchos mecanismos que nos conectan con la parte de nosotros que nos define, que nos crea. Farero, naufrago o apneista,
todos comparten una misma experiencia: la relación con el mar

**GO OUT --- OUTDOOR GEAR BOOK Vol.4**

By : 美見とどろ アウトドア好きのための、ミリタリー タクティカルなギア。 ■■ ■ : TACTICAL GEAR CATALOG. What is Tactical? MILITARY FEELING (今こそ欲しい、ECWCSゴアテックスパーカ。 THE CAMP STYLE BOOK 8/GO OUT Livin ARCHIVE 2013-2016 SHOP LIST ■ ■

**Kickboxing: Short Range Fighting: From Initiation To Knockout**

By : Martina Sprague

The fighter who controls distance controls the fight. This is true both in long and short range fighting. The difficult part about fighting at short range is moving in and achieving the superior position. Distance should generally be closed when your opponent experiences a moment of weakness. Although long arms and legs are advantageous in kickboxing, your long reach is only as good as you are at using it. You can exploit the strength of your opponent’s longer reach by developing superior short range fighting techniques. When you move from the out-fighting zone to the in-fighting zone, you are very close to your opponent and many long range techniques are no longer effective. Once you get past your opponent’s long range techniques, you have taken from him many of his weapons. The purpose of working your way to short range is to throw powerful short range techniques, so once there, you must make an effort to stay there until something decisive happens; until you knock out your opponent or choose to move back to long range for some other reason. Kickboxing: From Initiation To Knockout comprises a series of short books with focus on learning specific techniques and strategies for the exciting sport of competition kickboxing. With plenty of pictures, each book breaks the material down into bite-size pieces that allow you to practice to perfection. The material in this book previously appeared in Complete Kickboxing, now out of print, and is great for straight boxing, too.

**The Running Revolution**

By : Nicholas Romanov & Kurt Brungardt

From a two-time Olympic coach and creator of the Pose Method who has trained the running elite, an essential guide for all runners seeking to go faster and farther without injury Christopher McDougall’s Born to Run —and the wildly popular natural running trend it sparked—changed the way we think about running, but it has also prompted many questions: Have we been running the wrong way? And, have we been running in the wrong kind of shoe? What is the safest type of foot strike? How many types are there? And what is a foot strike anyway? No existing guide has clearly addressed these concerns—until now. The Running Revolution provides both beginning and experienced runners with everything they need to know in order to safely and efficiently transition to and master a safer and more biomechanically efficient way of running that is guaranteed to improve performance and minimize wear and tear on the body. More than a one-size-fits-all guide, The Running Revolution provides readers with clear instructions, complete with helpful illustrations, that they can easily integrate into their unique running histories in order to run safely, intelligently, and efficiently for many years to come. From the Trade Paperback edition.

**The Complete Book of Surf Fishing**

By : Al Ristori

Fishing from beach or rocky coastline presents challenges not faced by anglers who head out to sea. Written to open new frontiers to the old hand and provide advice to novice surf fishermen, The Complete Book of Surf Fishing will be a boon to all coastline anglers. Author and licensed charter
captain Al Ristori covers the basics of traditional surfcasting, with well-illustrated instruction on casting big rods in big water. He covers the gamut of tackle that does duty in the surf—conventional gear, spinning gear, fly tackle, and light tackle—and discusses the full range of bait, lures, and flies. Most importantly, he tells you how to find fish. Whether you are casting on the East Coast, Gulf Coast, or West Coast, with Ristori’s tips and tricks and decades of know-how, you will know where the fish are when they are most likely to bite. Everyone needs advice from an experienced fisherman once in a while, and now no angler plying the surf will have to do without.
Elephant hunting, which used to be an accepted activity in Kenya, was banned in 1973, as was the ivory trade. Illegal hunting continues, as there is still international demand for elephant tusks. Kenya pioneered the destruction of ivory as a way to combat this black market. Elephant poaching continues to pose a threat to the population. During colonial times, elephant hunting in Kenya was seen as a sport for noblemen and was exploited by the colonial governors. British East Africa was not unique in