The West Coast or Pacific Coast is the coastline along which the continental Western United States meets the North Pacific Ocean. As a region, this term most often refers to the coastal states of California, Oregon, Washington, and Alaska. More specifically, it refers to an area defined on the east by the Alaska Range, Cascade Range, Sierra Nevada, and Mojave Desert, and on the west by the Pacific Ocean. The United States Census groups the five states of California, Oregon, Washington, Alaska, and West Indies is a group of several island nations lying in the North Atlantic Ocean. They’re located between the USA and South America. Technically, West Indies is included in North America. These areas on the mainlands are sometimes referred to as a border zone between the West Indies and the rest of the Western Hemisphere. Then we have all areas in the Western Hemisphere where the plantation system and slavery were practiced, as these two economic phenomena are related (if you found a places with slaves, you were probably on a plantation; if you were on a plantation, there were probably slaves nearby who were considered part of the property.)