The Rife Handbook of Frequency Therapy and Holistic Health
an integrated approach for cancer and other diseases

Updated and Expanded 5th Edition

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SURPRISE, ARIZONA
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*Detailed chapter outlines, containing up to four levels of headings and subheadings exactly as they appear in the text, are at the beginning of each individual chapter.*
Nearly all people die of their medicines, and not of their illnesses.
—Molière, French writer (1622–1673)

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The Politics of Medicine and the Nature of Health

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Its name is Public Opinion. It is held in reverence.
It settles everything. Some think it is the voice of God. Loyalty to
petrified opinion never yet broke a chain or freed a human soul.
—Mark Twain, American writer, critic and humorist (1835–1910)

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Until a man duplicates a blade of grass, nature can laugh at his so-called scientific knowledge. Remedies from chemicals will never stand in favorable comparison with the products of nature, the living cell of a plant, the final result of the rays of the sun, the mother of all life.

—Thomas Alva Edison, American Inventor (1847–1931)

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Unless we put medical freedom in the Constitution, the time will come when medicine will organize itself into an undercover dictatorship to restrict the art of healing to one class of [people] and deny equal privileges to others.

—Benjamin Rush, a signer of the Declaration of Independence

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Q. What’s the difference between a detox (Herxheimer) reaction from rifing and actually being sick? They feel similar. ..563

Q. How do I know if I’m having a detox (Herx) reaction from rifing or if I’m feeling ill because of the RF from my unit? .............................................564

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Q. I have a diagnosis from my doctor. How do I know which frequencies to use? ........................................577

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Q. My unit goes up to only 20,000 Hz. But my condition requires many frequencies that are over 60,000 Hz. What should I do? ........................................580

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Some patients, though conscious that their condition is perilous, recover their health simply through their contentment with the goodness of the physician.

— Hippocrates, “Father of Medicine” Greek physician (460–400 BC)

Chapter 5 Outline
Frequency Directory

This outline does not include single, stand-alone entries, which are in alphabetical order.

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Slowly an apprehension of the intimate, usable power of God is growing among us, and a growing recognition of the only worthwhile application of that power—in the improvement of the world.

—Charlotte Perkins Gilman,
American writer, poet, lecturer, social critic and activist (1860–1935)

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Also note: A huge number of valuable books and research papers were used in the writing of this book. Space limitations made it impossible to list all the prominent authors and their publications. Therefore, the individuals listed here are limited to historical figures involved with Royal Rife, influential people in the modern Rife community who were quoted rather extensively, and selected scientists involved with medical research. No slight is intended of those who were omitted. You can always find these people and their work in the Endnotes and in References.
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A Bible of Frequency Healing review by Peter Walker The Rife Handbook of Frequency Therapy with a Holistic Health Primer, by Nenah Sylver, PhD Desert Cate Productions; Phoenix, Arizona Hardcover sewn binding; @2009;760 pp. As the owner of a major Rife research organization in Europe, two Internet e-groups, and another Rife information center (Rife Wiki), I am very pleased to review the Rife Handbook of Frequency Therapy with a Holistic Health Primer. This long-awaited volume is similar in theme to an earlier volume (the Handbook of Rife Frequency Healing, by the same author with a different title) Rife Handbook of Frequency Therapy and Holistic Health. © 2011 by Nenah Sylver, PhD www.nenahsylver.com. APPENDIX C. Healing with Electromedicine and Sound Therapies The universe is wider than our views of it. —Henry David Thoreau, American naturalist and author (1817–1862). Physical matter. Broadly speaking, electromedical devices produce and focus specific frequencies that can be in the form of electromagnetic fields, electrical current, magnetism, visible light, heat, or other energy. Although electromedicine is widely used in Europe, it is less known in the United States.